

## 12-WEEK PROGRAM FREE GIFTS VALUED AT \$279

**These gifts will be honored only if redeemed before: June 30, 2009**

Because there are so many misleading, deceptive and outright bogus fitness products, potions and systems on the market today, I understand that you may be skeptical about my 12-Week program. So I'm taking all the risk in order to help you make your decision. Here's what you get FREE:

1. **A One-Hour FREE Health And Fitness Consultation.** Here's what will happen during your consultation: I'll explain, in detail, exactly what my 12-week program involves and how it works. **I will give you a complete health and fitness analysis including a complete nutrition program based on your goals.** At a bare minimum, you will learn a great deal about how to better achieve your weight loss, health and fitness goals. I will share all this with you absolutely FREE. You will get all your questions answered fully and completely. I will NOT attempt to "sell" or "convince" you to move forward with the program. Let me tell you my philosophy on selling. I am not a salesperson. That's part of the reason I've been so successful with this program. I am a health and fitness EDUCATOR and COACH. Of course I believe in my 12-week program, and yes, I earn a living by teaching people my program. I know that my 12-week program is the solution to your weight loss and fitness problems. **But the only way my program will work for you, is if you voluntarily enroll yourself.** So trying to convince you that this is what you need is counterproductive. Instead of selling, I will answer all your questions, explain in detail exactly what I do and how I do it, give you a complete health and fitness evaluation, and the expert feedback you need to better understand the reality of your situation.
2. **A FREE subscription to my e-newsletter, *Fitness Empowerment Update.*** This newsletter is packed full of techniques, tips, expert guidance and proven weight loss and fitness strategies. It will keep you motivated and on track towards your goals. This is the best and most informative newsletter available. There's no fluff, no worthless fad diets, no lies, no junk. Only hard-hitting content that will empower you.
3. **A FREE session** with one of our fitness professionals. This way you can experience for yourself the type of workout and quality of training you can expect to receive EVERY TIME here at Fitness Together.

These special gifts are worth \$279, and they are yours FREE for taking action today. Please don't delay. **Each day is precious.** Take action now. Take back control of your life. You are not alone anymore. I guarantee you will not fail! Give me the chance to prove to you how powerful my 12-week program is. Please call me right now at 217.726.7613 or fax or mail this page back to my office so I can call you to set up your one-hour consultation. If you are faxing or mailing, please complete the following information and fax to 217.726.7616 or mail to: Fitness Together, 4481 Ash Grove, Ste D, Springfield, IL 62711

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone number: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Best time to call: \_\_\_\_\_